

Getting to Know More About Your Child



Resilient Parenting

FOR BEREAVED FAMILIES

Now that you have learned about summary and feeling responses, talk with your child for about 10 minutes about some of the things that they like the most and some things that they like the least. Your goal is to keep your child talking using all your active listening tools. Use Conversation Starters to get going and then use the Four Talk to Me's, Stop and Think, Summary Responses, and Feeling Responses. You can use the lists below to help you get started.



Most Favorite

Least Favorite

Toddlers and Preschoolers

What is your most favorite _____?

- Thing you like to do
- Game
- Toy
- Animal
- TV or book character

Toddlers and Preschoolers

What is your least favorite _____?

- Chore
- Food
- TV or book character
- Animal
- Color

Elementary School Children

What is your most favorite _____?

- Activity at school
- Sport
- Hobby
- Video game
- Character in a book, movie or TV show

Elementary School Children

What is your least favorite _____?

- Activity at school
- Sport
- Chore
- Video game
- Character in a book, movie or TV show

Adolescents

What is your most favorite _____?

- Subject in school
- Book, movie or TV character
- Music
- Time of year
- Famous person

Adolescents

What is your least favorite _____?

- Subject in school
- Book, movie or TV character
- Music
- Time of year
- Famous person

MODULE 4: Respond to Your Children so They Feel Understood

www.bereavedparenting.org

© 2021 Arizona State University,
All Rights Reserved



Sponsored by



NEW YORK LIFE
FOUNDATION